



Yoga Camp Itinerary

Friday

- Breakfast with Introductions & Overview
- Liberty/Round Pen
- Local Wine Tour & Lunch
- Yoga
- Halter Work in Obstacle Course
- Trail Ride

Saturday

- Yoga
- Bridle/Arena Work
- Kathy Blackwing Talk with Lunch
- Meditation
- Sunset Trail Ride

Sunday

- Yoga
- Poker Ride
- Prizes & Lunch
- Cowboy Up (rope & mechanical cow)
- BBQ & Music